

51<sup>ST</sup> EDITION

# STAR PUBLIC SCHOOL



GLIMPSES JUNE-2023



Star Cement Campus, Lumshnong , East Jaintia Hills, Meghalaya -793210

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- Money Smart School by NCFE, Govt. of India
- Ranked No: 1 in Co-educational school category in Meghalaya by EW ranking 2022
- Institutional Award 2020 under CUSB Pt. Madan Mohan Malviya National Award for teachers and teaching (MHRD Govt.of India)
- Fit Indian School
- Green School Award 2021
- IT Enabled Learning , Thinking Classroom
- 100% Results in Board Exam



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## REGULAR ACTIVITIES

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NASO, SCIENCE  
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ASSESSMENT, YOUTH  
PARLIAMENT,  
COUNTINGWELL ETC.

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# World Environment Day

Environment protection plays an important role in healthy living and the existence of life on planet earth. Earth is a home for numerous species and we all are dependent on the environment for food, air, water, and other needs. Therefore, it is important on the part of every individual to save and protect our environment.



Led by the United Nations Environment Program (UNEP) and held annually on 5th June since 1973, World Environment Day is the largest global platform for environmental public outreach and is celebrated by millions of people across the world.



# World Environment Day

A Drawing competition was also organised on the occasion of World Environment Day in which 148 students participated with great zeal & enthusiasm. Students and teachers joined in the environment awareness rally which was organized in the Star Cement Campus on 5th June by the EHS Department, Star Cement Ltd.

The prize winners of the competition are:

**A. Junior Category (III-V )**

1st Ahan Seth : Cl- III

2nd Merugu Khushi : Cl-IV

3rd Priyanka Gope : Cl-V

**B. Senior Category (VI-VIII )**

1st Samiksha Soni : Cl-VI

2nd Aliya Afreen : Cl-VII

3rd Fateha Begum : Cl-VIII



# Celebration of International Day of Yoga

Star Public School in Lumshnong organized a grand celebration on the occasion of International Yoga Day. The event was filled with enthusiasm and witnessed the active participation of students, teachers, and staff members. The program aimed to promote the importance of yoga in maintaining physical and mental well-being.



The celebration commenced with warm-up and stretching exercises, which helped prepare the participants for the subsequent yoga postures. Students and teachers demonstrated various yoga asanas, including Bhujangasana, Navasana, Sirsasana, Vajrasana, Sarvangasana, Tadasana, and Padmasana. The audience was captivated by their graceful movements and precise execution of each posture.

Suryanamaskar, the sun salutation sequence, was performed to pay homage to the life-giving energy of the sun. The rhythmic flow of the asanas in Suryanamaskar showcased the flexibility and strength of the participants. It was truly a sight to behold.



# Celebration of International Day of Yoga



Following the asanas, the participants engaged in different pranayama techniques. Anulom Vilom, Kapalbhathi, and Bhastrika were taught and practiced, emphasizing the significance of controlled breathing for relaxation and improved focus. The attendees learned how pranayama techniques can help alleviate stress and promote a sense of calmness.

The event concluded with a meditation session, during which participants were guided to achieve a state of deep relaxation and inner peace. The serene atmosphere filled with positive energy left everyone feeling rejuvenated and centered.



The school management went the extra mile to ensure the comfort and enjoyment of all attendees. Delicious refreshments were provided, which added to the celebratory spirit of the day.

The success of the International Yoga Day celebration at Star Public School can be attributed to the hard work and dedication of the organizers. Piyush Biswakarma led the yoga demonstrations, displaying his expertise and inspiring the participants. The event was effectively coordinated by Bijan Debnath, Bijoy Biam, Krishnandu, and Prem Tantod, who ensured the smooth execution of the program.



The event received a positive response from all participants, who expressed their gratitude to the school management for organizing such a meaningful and enriching celebration. Star Public School continues to promote the practice of yoga among its students, encouraging them to embrace a healthy and balanced lifestyle.

# Janbhagidari events and activities

On June 13, 2023, a series of District Level Janbhagidari Events and Activities were successfully organized at Khliehriat Community Hall, under the guidance of the District Mission Coordinator, SSA East Jaintia Hills. The primary participants were secondary level school students ranging from classes 6 to 10.

The event encompassed various engaging categories, and both students and teachers actively participated, showcasing their talents and creativity. The following categories were included:

- Wall Painting or Art and Craft (Classes 6-10)
- Teaching Learning Material (TLM) Development (Classes 6-10)
- Cultural Dance Performances (Classes 6-10)
- Storytelling Session for Teachers

The central theme that inspired these events and activities was the 'G20 Summit', providing an opportunity for students to explore and express their understanding of this significant global event.





# Janbhagidari events and activities

It is worth noting that students and teachers from Star Public School, Lumshnong, made remarkable contributions by participating in three events: Wall Painting, TLM Exhibition, and Storytelling on the G20 Agenda. Their enthusiasm and dedication were evident as they exhibited their talents and skills in these categories.



Star Public School, Lumshnong emerged victorious by securing the 1st Prize in both Wall Painting and TLM Exhibition categories, showcasing their exceptional abilities and creativity. Their achievements exemplify the dedication and hard work put forth by the participants from their school.



Overall, the District Level Janbhagidari Events and Activities proved to be a resounding success, providing a platform for students and teachers to exhibit their talents and engage in collaborative learning experiences. The event fostered creativity, cultural expression, and knowledge sharing among the participants, contributing to the overall development of the educational community.

# State Level Seminar on National Literacy and Numeracy (FLN)

The State Level Seminar on Foundational Literacy and Numeracy (FLN) was organized by Army Public School, Shillong on behalf of the Central Board of Secondary Education to commemorate India's assuming Presidency of G20. The event took place on Wednesday, 15th June 2023, at Army Public School Shillong. Star Public School Lumshnong was represented by Principal Shri Dilip Kumar and PGT Prem Tantod. The seminar aimed to discuss the importance of FLN in education and the implementation of the National Education Policy (NEP).



The program commenced with a welcome address by P. Rajeevan, Principal, Army Public School, Shillong. The event started with the traditional lighting of the lamp, followed by captivating cultural performances such as classical dance and Khasi dance.



The highlight of the seminar was a lecture on Foundational Literacy and Numeracy (FLN) delivered by Professor Sandhya Rani Sahoo, the Dean of Instructions at the Regional Institute of Education (RIE) in Bhubaneswar. Her insightful presentation shed light on the importance of promoting literacy and numeracy skills among students at the foundational level.

# State Level Seminar on National Literacy and Numeracy (FLN)

Another significant part of the seminar was the panel discussion on implementing the National Education Policy (NEP). The discussion was moderated by Dr. Berylda H Buam, Associate Professor (Retd) at the PGT College of Teacher Education, Shillong. The panelists included prominent educationists and officials, namely Professor Flourette G Dkhar (Incharge Principal, NERIE, NCERT), Shri M. Marbaniang (Joint Director, MBOSE), Smt. Sandra M Nongsiej (Assistant Professor, DERT, Shillong), and Smt. Ajanta Chowdhury (Vice Principal, DPS Khanapara). The panelists shared their insights on the effective implementation of the NEP.



Dr. Joram Beda, IAS, Secretary of Planning in the Government of Meghalaya, delivered a lecture on G20, providing valuable information about the significance of India's Presidency and its implications for the nation. The informative session enhanced the participants' understanding of the G20 agenda and India's role in shaping global policies.

To add a flavorful touch to the event, a delicious lunch was served, allowing participants to interact and network with one another. The event also featured an inter-school quiz competition on G20, encouraging students to showcase their knowledge and understanding of international affairs.



Overall, the State Level Seminar on Foundational Literacy and Numeracy (FLN) proved to be an enriching and enlightening experience. It provided a platform for Educators, Principals, and Professionals from different institutions to come together, exchange ideas, and discuss strategies to improve educational outcomes in the country. The event successfully highlighted the importance of FLN and the effective implementation of the NEP, emphasizing India's commitment to quality education and its global leadership as the President of G20.

# Training of Trainers on Dialogues Around Democracy and Citizens

The Training for Trainers (ToT) on Dialogues Around Democracy and Citizenship was organized by Azim Premji University and the Centre for Social Justice. The purpose of the training was to provide individuals passionate about democratic values with the necessary knowledge and skills to effectively facilitate dialogues on democracy and citizenship. The training was held from 21st to 25th June, 2023, and among the participants was Shri Dilip Kumar, Principal Star Public School.

The main objectives of the training were as follows:

1. Enhance participants' understanding of democratic values and principles.
2. Develop participants' facilitation skills to conduct dialogues on democracy and citizenship.
3. Equip participants with knowledge about the importance of citizenship education.
4. Foster a network of trainers who can promote democratic values in their respective communities and organizations.



# Training of Trainers on Dialogues Around Democracy and Citizens

The training program spanned five days and consisted of a variety of sessions, workshops, and interactive activities. The participants engaged in discussions, role-plays, group exercises, and case studies to deepen their understanding of democracy and citizenship. The sessions covered topics such as the foundations of democracy, civic engagement, social justice, and inclusive citizenship. Expert facilitators with extensive experience in democracy education and social justice conducted the sessions.



A total of 25 participants were selected out of hundreds of applications received. One of the participants was Principal Dilip Kumar from Star Public School. The selection process ensured a diverse representation of individuals from various backgrounds, including education, social work, and activism, who shared a common passion for democratic values.

The training was facilitated by esteemed individuals who are experts in their respective fields. The facilitators included:

**Gagan Sethi - Vice-chair, Centre for Social Justice:** Gagan Sethi is a renowned social activist and played a vital role in promoting social justice. With his expertise in the field, he provided valuable insights and guidance throughout the training.

**Anjor Bhaskar - Founder Member, Dialogues on Democracy & Development, Azim Premji University:** Anjor Bhaskar, being a founding member of Dialogues on Democracy & Development, brought a wealth of experience in promoting dialogue and understanding of democracy. Her expertise and knowledge were instrumental in shaping the training sessions.

**Sayeda Aapa - Former Member of NCW (National Commission for Women) and Planning Commission:** Sayeda Aapa's extensive experience in working towards women's empowerment and social development added significant value to the training. Her insights into the intersectionality of democracy and citizenship were highly informative.

# Teachers' Achievements

Sr. No	Teacher Name	Course /Training Attended	Organized By
1	Dilip Kumar	Microsoft Innovative Education Expert Workshop	Microsoft/TAG
		Emerging trends in Education Technology	CIET/NCERT
2	Mantun Kumar Singh	Role of Guidance and Counselling Services in Schools	CoE Guwahati (CBSE )
		Safety and Security in Digital Space	NCERT
3	Pawan Kumar Singh	Role of Guidance and Counselling Services in Schools	CoE Guwahati (CBSE )
4	Elna Nag Baheti	Role of Guidance and Counselling in Schools	CoE Guwahati (CBSE )
5	Rinki kumari	Role of Guidance & Counseling Services in Schools	COE, Guwahatii (CBSE)
6	Siddartha Soumya	Innovation Ambassador Certificate	AICTE/CBSE

